What's on the Menu?

January 1 - 5		Montesano JR/SR High School		
January 1	January 2	January 3	January 4	January 5
			National Spaghetti Day	
		Breakfast	opagneta bay	
Holiday Break <u>No School</u>	Apple Frudel	Muffin	Fruit Parfait	Berry French Toast
December 20 th – January 1 st	Assorted Cereal and Cereal Bars	Assorted Cereal and Cereal Bars	Assorted Cereal and Cereal Bars	Assorted Cereal and Cereal Bars
Winter Break	Assorted 100% Fruit Juice & Fresh Fruit	Assorted 100% Fruit Juice & Fresh Fruit	Assorted 100% Fruit Juice & Fresh Fruit	Assorted 100% Fruit Juice & Fresh Fruit
		Lunch		
	ENTRÉE CHOICES	ENTRÉE CHOICES	ENTRÉE CHOICES	ENTRÉE CHOICES
	Bean & Cheese Burrito	Chicken & Waffle	SpaghettiAssorted Pizza	 BBQ Chicken Pizza
	 Assorted Pizza 	 Assorted Pizza 	Chicken	 Assorted Pizza
	 Cheesy Breadsticks 	Corn DogCrispy Chicken	Nuggets Crispy Chicken 	 Spicy Chicken Sandwich
	 Crispy Chicken Sandwich 	Sandwich Cheeseburger 	Sandwich Cheeseburger 	 Crispy Chicken Sandwich
	Cheeseburger	Sandwich Bar	Deli Sandwich	Cheeseburger
	Sandwich Bar	 Assorted Salad 	Assorted Salad	Deli Sandwich
	Assorted Salad			 Assorted Salad
	Assorted Fruit & Fresh Veggies	Assorted Fruit & Fresh Veggies	Assorted Fruit & Fresh Veggies	Assorted Fruit & Fresh Veggies



Dana Irwin (253)343-2288

Dana.Irwin@compass-usa.com MENU SUBJECT TO CHANGE

What's on the Menu?

January 8 - 12		Montesano JR/SR High School		
January 8	January 9	January 10	January 11	January 12
			National Milk Day	
		Breakfast		
Mini Cinni	Pancake on a Stick	Maple Pancakes	Smoothie & Graham Cracker	Blueberry Waffles
Assorted Cereal and Cereal Bars	Assorted Cereal and Cereal Bars	Assorted Cereal and Cereal Bars	Assorted Cereal and Cereal Bars	Assorted Cereal and Cereal Bars
Assorted 100% Fruit Juice & Fresh Fruit	Assorted 100% Fruit Juice & Fresh Fruit	Assorted 100% Fruit Juice & Fresh Fruit	Assorted 100% Fruit Juice & Fresh Fruit	Assorted 100% Fruit Juice & Fresh Fruit
		Lunch		
ENTRÉE CHOICES	ENTRÉE CHOICES	ENTRÉE CHOICES	ENTRÉE CHOICES	ENTRÉE CHOICES
 Teriyaki Dippers Steamed Rice Assorted Pizza Spicy Chicken Sandwich Crispy Chicken Sandwich Cheeseburger Deli Sandwich Assorted Salad 	 Cheese Quesadilla Assorted Pizza Cheesy Breadsticks Crispy Chicken Sandwich Cheeseburger Deli Sandwich Assorted Salad 	 Breakfast Bowl Biscuit, Scrambled Eggs, Tater Tots With Gravy Assorted Pizza Corn Dog Crispy Chicken Sandwich Cheeseburger Sandwich Bar Assorted Salad 	 Sloppy Joes Oven Fries Assorted Pizza Chicken Nuggets Crispy Chicken Sandwich Cheeseburger Deli Sandwich Assorted Salad 	 Supreme Pizza Assorted Pizza Spicy Chicken Sandwich Crispy Chicken Sandwich Cheeseburger Deli Sandwich Assorted Salad
Assorted Fruit & Fresh Veggies CONTACT US: Angela Hunsaker (360) 486-4202	Assorted Fruit & Fresh Veggies Dana Irwi (253)343-23			Assorted Fruit & Fresh Veggies

Angela.Hunsaker@compass-usa.com Dana.Irwin@compass-usa.com

What's on the Menu?

January 15 - 19		Montesano JR/SR High School		
January 15	January 16	January 17	January 18	January 19
		Breakfast		
	Cherry Frudel	Muffin	Fruit Parfait	Berry French Toast
NO SCHOOL	Assorted Cereal and Cereal Bars	Assorted Cereal and Cereal Bars	Assorted Cereal and Cereal Bars	Assorted Cereal and Cereal Bars
	Assorted 100% Fruit Juice & Fresh Fruit	Assorted 100% Fruit Juice & Fresh Fruit	Assorted 100% Fruit Juice & Fresh Fruit	Assorted 100% Fruit Juice & Fresh Fruit
		Lunch		
	ENTRÉE CHOICES	ENTRÉE CHOICES	ENTRÉE CHOICES	ENTRÉE CHOICES
	 Mexican Rice & Crispito 	 Toasted Cheese Sandwich 	Chicken AlfredoAssorted Pizza	Hawaiian PizzaAssorted Pizza
	Assorted PizzaCheesy	Tomato SoupAssorted Pizza	Chicken Nuggets	 Spicy Chicken Sandwich
	Breadsticks Crispy Chicken Sandwich 	 Corn Dog Crispy Chicken Sandwich 	 Crispy Chicken Sandwich 	 Crispy Chicken Sandwich
	Cheeseburger	Cheeseburger	Cheeseburger	 Cheeseburger
	 Deli Sandwich 	 Sandwich Bar 	Deli Sandwich	 Deli Sandwich
	Assorted Salad	Assorted Salad	 Assorted Salad 	 Assorted Salad
	Assorted Fruit & Fresh Veggies	Assorted Fruit & Fresh Veggies	Assorted Fruit & Fresh Veggies	Assorted Fruit & Fresh Veggies

CONTACT US: Angela Hunsaker (360) 486-4202 Angela.Hunsaker@ compass-usa.com MENU SUBJECT TO CHANGE Dana Irwin (253)343-2288 Dana.Irwin@compass-usa.com This

serving up happy & healthy

What's on the Menu?

January 22 -	- 26	Montesano JR/SR High School		
January 22	January 23	January 24	January 25	January 26
		Breakfast		
Mini Cinni Assorted Cereal and Cereal Bars Assorted 100% Fruit Juice & Fresh Fruit	Pancake on a Stick Assorted Cereal and Cereal Bars Assorted 100% Fruit Juice & Fresh Fruit	Maple Pancakes Assorted Cereal and Cereal Bars Assorted 100% Fruit Juice & Fresh Fruit	Smoothie & Graham Cracker Assorted Cereal and Cereal Bars Assorted 100% Fruit Juice & Fresh Fruit	Blueberry Waffles Assorted Cereal and Cereal Bars Assorted 100% Fruit Juice & Fresh Fruit
	d Hesh Huit	Lunch	d nosin nuit	d ricon ridit
 ENTRÉE CHOICES Orange Chicken Steamed Rice Assorted Pizza Spicy Chicken Sandwich Crispy Chicken Sandwich Cheeseburger Deli Sandwich Assorted Salad 	 ENTRÉE CHOICES Macho Nachos Assorted Toppings Assorted Pizza Cheesy Breadsticks Crispy Chicken Sandwich Cheeseburger Deli Sandwich Assorted Salad 	 ENTRÉE CHOICES French Toast Sausage Assorted Pizza Corn Dog Crispy Chicken Sandwich Cheeseburger Sandwich Bar Assorted Salad 	 ENTRÉE CHOICES Pulled Pork Sandwich Assorted Pizza Chicken Nuggets Crispy Chicken Sandwich Cheeseburger Deli Sandwich Assorted Salad 	 ENTRÉE CHOICES All Meat Pizza Assorted Pizza Spicy Chicken Sandwich Crispy Chicken Sandwich Cheeseburger Deli Sandwich Assorted Salad
Assorted Fruit & Fresh Veggies CONTACT US: Angela Hunsaker (360) 486-4202	Assorted Fruit & Fresh Veggies Dana Ir (253)343-			Assorted Fruit & Fresh Veggies

Angela.Hunsaker@ compass-usa.com

Dana.Irwin@compass-usa.com

What's on the Menu?

Montesano JR/SR High School January 29 - 31 **January 30 January 31 January 29** National Blueberry **Breakfast Pancake Day** Sausage and **Apple Frudel** Muffin Cheese Pizza Assorted Assorted Assorted Cereal and Cereal Cereal and Cereal Cereal and Cereal Bars Bars Bars Assorted Assorted Assorted 100% Fruit Juice 100% Fruit Juice & Fresh Fruit 100% Fruit Juice & Fresh Fruit & Fresh Fruit Lunch ENTRÉE CHOICES ENTRÉE CHOICES ENTRÉE CHOICES Pancakes Teriyaki Chicken **Cheesy Beef Blueberry Topping** Steamed Rice Taco Sausage Assorted Pizza Assorted Pizza Assorted Pizza Cheesv Corn Dog • Cheesy Breadsticks Crispy Chicken **Breadsticks** Crispy Chicken Sandwich Crispy Chicken Sandwich Sandwich Cheeseburger Cheeseburger Cheeseburger Sandwich Bar Deli Sandwich • Deli Sandwich Assorted Salad Assorted Salad Assorted Salad Assorted Fruit & Assorted Fruit & Assorted Fruit & **Fresh Veggies** Fresh Veggies Fresh Veggies CONTACT US: MENU SUBJECT TO CHANGE Dana Irwin Angela Hunsaker serving up happy & healthy (253)343-2288 (360) 486-4202 Dana.Irwin@compass-usa.com Angela.Hunsaker@ compass-usa.com