


What's on the Menu?

January 1 - 5

Montesano JR/SR High School

January 1	January 2	January 3	January 4	January 5
			National Spaghetti Day	
Breakfast				
<p>Holiday Break No School December 20th – January 1st</p>  <p>Winter Break</p>	<p>Apple Frudel</p> <p>Assorted Cereal and Cereal Bars</p> <p>Assorted 100% Fruit Juice & Fresh Fruit</p>	<p>Muffin</p> <p>Assorted Cereal and Cereal Bars</p> <p>Assorted 100% Fruit Juice & Fresh Fruit</p>	<p>Fruit Parfait</p> <p>Assorted Cereal and Cereal Bars</p> <p>Assorted 100% Fruit Juice & Fresh Fruit</p>	<p>Berry French Toast</p> <p>Assorted Cereal and Cereal Bars</p> <p>Assorted 100% Fruit Juice & Fresh Fruit</p>
Lunch				
	<p>ENTRÉE CHOICES</p> <ul style="list-style-type: none"> • Bean & Cheese Burrito • Assorted Pizza • Cheesy Breadsticks • Crispy Chicken Sandwich • Cheeseburger • Sandwich Bar • Assorted Salad <p>Assorted Fruit & Fresh Veggies</p>	<p>ENTRÉE CHOICES</p> <ul style="list-style-type: none"> • Chicken & Waffle • Assorted Pizza • Corn Dog • Crispy Chicken Sandwich • Cheeseburger • Sandwich Bar • Assorted Salad <p>Assorted Fruit & Fresh Veggies</p>	<p>ENTRÉE CHOICES</p> <ul style="list-style-type: none"> • Spaghetti • Assorted Pizza • Chicken Nuggets • Crispy Chicken Sandwich • Cheeseburger • Deli Sandwich • Assorted Salad <p>Assorted Fruit & Fresh Veggies</p>	<p>ENTRÉE CHOICES</p> <ul style="list-style-type: none"> • BBQ Chicken Pizza • Assorted Pizza • Spicy Chicken Sandwich • Crispy Chicken Sandwich • Cheeseburger • Deli Sandwich • Assorted Salad <p>Assorted Fruit & Fresh Veggies</p>

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What's on the Menu?

January 8 - 12

Montesano JR/SR High School

January 8	January 9	January 10	January 11	January 12
			National Milk Day	
Breakfast				
<p>Mini Cinni</p> <p>Assorted Cereal and Cereal Bars</p> <p>Assorted 100% Fruit Juice & Fresh Fruit</p>	<p>Pancake on a Stick</p> <p>Assorted Cereal and Cereal Bars</p> <p>Assorted 100% Fruit Juice & Fresh Fruit</p>	<p>Maple Pancakes</p> <p>Assorted Cereal and Cereal Bars</p> <p>Assorted 100% Fruit Juice & Fresh Fruit</p>	<p>Smoothie & Graham Cracker</p> <p>Assorted Cereal and Cereal Bars</p> <p>Assorted 100% Fruit Juice & Fresh Fruit</p>	<p>Blueberry Waffles</p> <p>Assorted Cereal and Cereal Bars</p> <p>Assorted 100% Fruit Juice & Fresh Fruit</p>
Lunch				
<p>ENTRÉE CHOICES</p> <ul style="list-style-type: none"> • Teriyaki Dippers Steamed Rice • Assorted Pizza • Spicy Chicken Sandwich • Crispy Chicken Sandwich • Cheeseburger • Deli Sandwich • Assorted Salad <p>Assorted Fruit & Fresh Veggies</p>	<p>ENTRÉE CHOICES</p> <ul style="list-style-type: none"> • Cheese Quesadilla • Assorted Pizza • Cheesy Breadsticks • Crispy Chicken Sandwich • Cheeseburger • Deli Sandwich • Assorted Salad <p>Assorted Fruit & Fresh Veggies</p>	<p>ENTRÉE CHOICES</p> <ul style="list-style-type: none"> • Breakfast Bowl Biscuit, Scrambled Eggs, Tater Tots With Gravy • Assorted Pizza • Corn Dog • Crispy Chicken Sandwich • Cheeseburger • Sandwich Bar • Assorted Salad <p>Assorted Fruit & Fresh Veggies</p>	<p>ENTRÉE CHOICES</p> <ul style="list-style-type: none"> • Sloppy Joes Oven Fries • Assorted Pizza • Chicken Nuggets • Crispy Chicken Sandwich • Cheeseburger • Deli Sandwich • Assorted Salad <p>Assorted Fruit & Fresh Veggies</p>	<p>ENTRÉE CHOICES</p> <ul style="list-style-type: none"> • Supreme Pizza • Assorted Pizza • Spicy Chicken Sandwich • Crispy Chicken Sandwich • Cheeseburger • Deli Sandwich • Assorted Salad <p>Assorted Fruit & Fresh Veggies</p>

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What's on the Menu?

January 15 - 19

Montesano JR/SR High School

January 15	January 16	January 17	January 18	January 19
Breakfast				
<u>NO SCHOOL</u>	<p>Cherry Frudel</p> <p>Assorted Cereal and Cereal Bars</p> <p>Assorted 100% Fruit Juice & Fresh Fruit</p>	<p>Muffin</p> <p>Assorted Cereal and Cereal Bars</p> <p>Assorted 100% Fruit Juice & Fresh Fruit</p>	<p>Fruit Parfait</p> <p>Assorted Cereal and Cereal Bars</p> <p>Assorted 100% Fruit Juice & Fresh Fruit</p>	<p>Berry French Toast</p> <p>Assorted Cereal and Cereal Bars</p> <p>Assorted 100% Fruit Juice & Fresh Fruit</p>
Lunch				
	<p>ENTRÉE CHOICES</p> <ul style="list-style-type: none"> • Mexican Rice & Crispito • Assorted Pizza • Cheesy Breadsticks • Crispy Chicken Sandwich • Cheeseburger • Deli Sandwich • Assorted Salad <p>Assorted Fruit & Fresh Veggies</p>	<p>ENTRÉE CHOICES</p> <ul style="list-style-type: none"> • Toasted Cheese Sandwich • Tomato Soup • Assorted Pizza • Corn Dog • Crispy Chicken Sandwich • Cheeseburger • Sandwich Bar • Assorted Salad <p>Assorted Fruit & Fresh Veggies</p>	<p>ENTRÉE CHOICES</p> <ul style="list-style-type: none"> • Chicken Alfredo • Assorted Pizza • Chicken Nuggets • Crispy Chicken Sandwich • Cheeseburger • Deli Sandwich • Assorted Salad <p>Assorted Fruit & Fresh Veggies</p>	<p>ENTRÉE CHOICES</p> <ul style="list-style-type: none"> • Hawaiian Pizza • Assorted Pizza • Spicy Chicken Sandwich • Crispy Chicken Sandwich • Cheeseburger • Deli Sandwich • Assorted Salad <p>Assorted Fruit & Fresh Veggies</p>

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What's on the Menu?

January 22 - 26

Montesano JR/SR High School

January 22	January 23	January 24	January 25	January 26
Breakfast				
<p>Mini Cinni</p> <p>Assorted Cereal and Cereal Bars</p> <p>Assorted 100% Fruit Juice & Fresh Fruit</p>	<p>Pancake on a Stick</p> <p>Assorted Cereal and Cereal Bars</p> <p>Assorted 100% Fruit Juice & Fresh Fruit</p>	<p>Maple Pancakes</p> <p>Assorted Cereal and Cereal Bars</p> <p>Assorted 100% Fruit Juice & Fresh Fruit</p>	<p>Smoothie & Graham Cracker</p> <p>Assorted Cereal and Cereal Bars</p> <p>Assorted 100% Fruit Juice & Fresh Fruit</p>	<p>Blueberry Waffles</p> <p>Assorted Cereal and Cereal Bars</p> <p>Assorted 100% Fruit Juice & Fresh Fruit</p>
Lunch				
<p>ENTRÉE CHOICES</p> <ul style="list-style-type: none"> • Orange Chicken Steamed Rice • Assorted Pizza • Spicy Chicken Sandwich • Crispy Chicken Sandwich • Cheeseburger • Deli Sandwich • Assorted Salad <p>Assorted Fruit & Fresh Veggies</p>	<p>ENTRÉE CHOICES</p> <ul style="list-style-type: none"> • <u>Macho Nachos</u> • Assorted Toppings • Assorted Pizza • Cheesy Breadsticks • Crispy Chicken Sandwich • Cheeseburger • Deli Sandwich • Assorted Salad <p>Assorted Fruit & Fresh Veggies</p>	<p>ENTRÉE CHOICES</p> <ul style="list-style-type: none"> • French Toast Sausage • Assorted Pizza • Corn Dog • Crispy Chicken Sandwich • Cheeseburger • Sandwich Bar • Assorted Salad <p>Assorted Fruit & Fresh Veggies</p>	<p>ENTRÉE CHOICES</p> <ul style="list-style-type: none"> • Pulled Pork Sandwich • Assorted Pizza • Chicken Nuggets • Crispy Chicken Sandwich • Cheeseburger • Deli Sandwich • Assorted Salad <p>Assorted Fruit & Fresh Veggies</p>	<p>ENTRÉE CHOICES</p> <ul style="list-style-type: none"> • All Meat Pizza • Assorted Pizza • Spicy Chicken Sandwich • Crispy Chicken Sandwich • Cheeseburger • Deli Sandwich • Assorted Salad <p>Assorted Fruit & Fresh Veggies</p>

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What's on the Menu?

January 29 – 31

Montesano JR/SR High School

January 29	January 30	January 31		
National Blueberry Pancake Day				
Breakfast				
<p>Sausage and Cheese Pizza</p> <p>Assorted Cereal and Cereal Bars</p> <p>Assorted 100% Fruit Juice & Fresh Fruit</p>	<p>Apple Frudel</p> <p>Assorted Cereal and Cereal Bars</p> <p>Assorted 100% Fruit Juice & Fresh Fruit</p>	<p>Muffin</p> <p>Assorted Cereal and Cereal Bars</p> <p>Assorted 100% Fruit Juice & Fresh Fruit</p>		
Lunch				
<p>ENTRÉE CHOICES</p> <ul style="list-style-type: none"> Pancakes Blueberry Topping Sausage Assorted Pizza Cheesy Breadsticks Crispy Chicken Sandwich Cheeseburger Deli Sandwich Assorted Salad <p>Assorted Fruit & Fresh Veggies</p>	<p>ENTRÉE CHOICES</p> <ul style="list-style-type: none"> Cheesy Beef Taco Assorted Pizza Cheesy Breadsticks Crispy Chicken Sandwich Cheeseburger Deli Sandwich Assorted Salad <p>Assorted Fruit & Fresh Veggies</p>	<p>ENTRÉE CHOICES</p> <ul style="list-style-type: none"> Teriyaki Chicken Steamed Rice Assorted Pizza Corn Dog Crispy Chicken Sandwich Cheeseburger Sandwich Bar Assorted Salad <p>Assorted Fruit & Fresh Veggies</p>		

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